

Mediation Training Program Structure.

The Program will be divided into the theory component and the practical application through role plays. The theoretical modules will be completed over the first two weeks in a structured format combining on line seminars, discussion forums, readings and activities for completion.

Week 1:

Module 1:

- What is dispute resolution?
- Difference between decision making and facilitation?
- Types of facilitation, negotiation and mediation.
- Conflict analysis.

Objectives completed by:

- Learning activities
- Discussion forums and virtual meetings
- Resource readings
- DVD
- On line seminar (2 hours) (Tuesday 4.00 – 6.00pm EST)

Module 2:

- Mediation models and processes
- Facilitative model of mediation
- Process and stages of mediation

Objectives completed by:

- Learning activities
- Discussion forums and virtual meetings
- Resource readings
- DVD
- On line seminar (2 hours) (Tuesday 6.00 – 8.00pm EST or as negotiated with the group)

Week 2

Module 3

- Skills used in mediation
- Communication and mediation
- Listening, acknowledging, reframing , summarising and questioning
- Exploration in facilitative mediation

Objectives completed by:

- Learning activities (written and oral)
- Discussion forums and virtual meetings
- Resource readings
- On line seminar (2 hours) (Thursday 4.00 – 6.00pm EST)

Module 4

- Facilitating negotiation, dealing with impasses
- Private sessions
- Resolution and agreements

Objectives completed by:

- Learning activities (written and oral)
- Discussion forums and virtual meetings
- Resource readings
- On line seminar (2 hours) (Thursday 6.00 – 8.00pm EST)

Week 1 timetable: (recommended)

Day 1: Log in test as per instructions. Reading materials (referred resources) and looking at DVD “Cooking Up A Compromise” (1) (2 hours) resource section website [LINK](#)

Day 2: Log in support 3.30pm. Attending on line seminar 4.00pm - 8.00pm EST (4 hours)

Day 3: Watching DVD (2) “Fletcher’s Partnership Dispute”; reading referred resources, preparing activities for seminar (2 hours) - [LINK](#)

Day 4: Lecture Activities (2 hours)

Day 5: Revision, outstanding activities, drop in-session & preparation for next week (2 hours)

Week 2 timetable (recommended)

Day 1: Reading resources and materials; preparing activities for on line seminar, contributing to discussion forum. (2 hours)

Day 2: Activities, forums and attendance at option ‘drop in’ session (2 hours)

Day 3: Reading resources, DVD revision “Fletchers Partnership Dispute” (2 hours)

Day 4: Attendance on line seminar 4.00pm – 8.00pm (4 hours)

Day 5: Revision, drop-in session and preparation for next week’s role play exercises (2 hours)

Weeks 3 and 4 Timetable

You will participate in nine (9), 1 and 1/2 hour mediation role play sessions (90 Minutes) over the course of the 2 weeks. Please note the sessions will be designated in 2 hour blocks to allow for debriefing. It is proposed that the sessions will be held at 10am; 12pm; 2pm; 4pm and 6pm. Exact times will be finalised by the end of week 1 of the course after consultation with participants and coaches.

There will be 'drop in' sessions held at the end of both weeks 3 and 4 for approximately 2 hours (time to be confirmed) to discuss any issues and debrief from the sessions as a group.

A Learning Journal will also form a part of the course requirements and participants are expected to devote one hour per week to this component of the course. Journals will be submitted weekly.